




# April 2018 - Menus

**MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY**

## Grades 9-12 Lunch

*MENUS ARE SUBJECT TO CHANGE*

|  |  |  |   |  |
|--|--|--|---|--|
| <p><b>4-2</b></p> <ul style="list-style-type: none"> <li>★★ Bean &amp; Cheese Pupusa with Curtido - <b>V</b></li> <li>★★ Toasted Cheese Sandwich - <b>V</b></li> <li>★★ Premium Granola and Yogurt - <b>V</b> <ul style="list-style-type: none"> <li>★ Sidewinder Fries</li> <li>★ Petite Baby Carrots</li> <li>★ Fruit - <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul> </li> </ul> | <p><b>4-3</b></p> <ul style="list-style-type: none"> <li>★ Fiesta Omelet - <b>V</b></li> <li>★ Southern Buttermilk Biscuit</li> <li>★★ Toasted Cheese Sandwich - <b>V</b></li> <li>★★ Premium Granola and Yogurt - <b>V</b></li> <li>★ Mini Potato Tots or Golden Hash Brown Patties           <ul style="list-style-type: none"> <li>★ Tangy Salsa Cup</li> <li>★ Fruit - <b>S</b></li> <li>★ Frozen Juice Cup</li> <li>★ Got Milk</li> </ul> </li> </ul>   | <p><b>4-4</b></p> <ul style="list-style-type: none"> <li>★★ Cheesy Flatbread - <b>V</b> or</li> <li>★★ Savory Sausage Flatbread</li> <li>★★ Yellow Submarine Sandwich</li> <li>★★ Mexicali Salad - <b>V</b></li> <li>★ Crunchy Tortilla Chips - <b>S</b> <ul style="list-style-type: none"> <li>★ Sweet Corn</li> <li>★ Fresh Garden Salad</li> <li>★ Fruit - <b>S</b> or Fruit Cup</li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul> </li> </ul>  | <p><b>4-5</b></p> <ul style="list-style-type: none"> <li>★ Chicken Tenders</li> <li>★★ Pastrami &amp; Cheese Croissant</li> <li>★★ Chicken Caesar &amp; Cheesy Bread</li> <li>★ Southern Buttermilk Biscuit</li> <li>★ Fiesta Pinto Beans or Campfire Baked Beans           <ul style="list-style-type: none"> <li>★ Veggie Medley</li> <li>★ Fruit Juice</li> <li>★ Fruit Cup</li> <li>★ Got Milk</li> </ul> </li> </ul>   | <p><b>4-6</b></p> <ul style="list-style-type: none"> <li>★★ Golden Chicken Filet Sandwich</li> <li>★★ Classic Tuna Sandwich</li> <li>★★ Shanghai Chinese Chicken Salad           <ul style="list-style-type: none"> <li>★ Artisan Roll - <b>S</b></li> </ul> </li> <li>★★ Roasted Potato Wedges</li> <li>★ Petite Baby Carrots - <b>S</b> <ul style="list-style-type: none"> <li>★ Fruit - <b>S</b> or Fruit Cup</li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul> </li> </ul>       |
| <p><b>4-9</b></p> <ul style="list-style-type: none"> <li>★★ Garlicky Cheese Bread - <b>V</b></li> <li>★★ Toasted Cheese Sandwich - <b>V</b></li> <li>★★ Premium Granola and Yogurt - <b>V</b> <ul style="list-style-type: none"> <li>★ Sidewinder Fries</li> <li>★ Marinara Sauce Cup</li> <li>★ Fruit - <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul> </li> </ul>                  | <p><b>4-10</b></p> <ul style="list-style-type: none"> <li>★ Oven Fried Chicken Drumstick</li> <li>★ Southern Buttermilk Biscuit - <b>S</b></li> <li>★★ Turkey &amp; Cheese Melt</li> <li>★★ Italian Chopped Salad</li> <li>★ Artisan Roll - <b>S</b></li> <li>★ Fiesta Pinto Beans or Campfire Baked Beans           <ul style="list-style-type: none"> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit Cup</li> <li>★ Frozen Juice Cup</li> <li>★ Got Milk</li> </ul> </li> </ul>                                 | <p><b>4-11</b></p> <ul style="list-style-type: none"> <li>★★ Taco Bean Dip</li> <li>★★ Yellow Submarine Sandwich</li> <li>★★ Mexicali Salad - <b>V</b></li> <li>★ Crunchy Tortilla Chips - <b>S</b> <ul style="list-style-type: none"> <li>★ Fresh Garden Salad</li> <li>★ Tangy Salsa Cup</li> <li>★ Fruit - <b>S</b> or Fruit Cup</li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul> </li> </ul>  | <p><b>4-12</b></p> <ul style="list-style-type: none"> <li>★ Pork Chop Patty with Gravy</li> <li>★★ Pastrami &amp; Cheese Croissant</li> <li>★★ Chicken Caesar &amp; Cheesy Bread           <ul style="list-style-type: none"> <li>★ Artisan Roll - <b>S</b></li> </ul> </li> <li>★ Fluffy Mashed Potatoes           <ul style="list-style-type: none"> <li>★ Veggie Medley</li> <li>★ Fruit Juice</li> <li>★ Fruit Cup</li> <li>★ Got Milk</li> </ul> </li> </ul>  | <p><b>4-13</b></p> <ul style="list-style-type: none"> <li>★★ Café LA Burger or Cheeseburger</li> <li>★★ Classic Tuna Sandwich</li> <li>★★ Shanghai Chinese Chicken Salad           <ul style="list-style-type: none"> <li>★ Artisan Roll - <b>S</b></li> </ul> </li> <li>★★ Roasted Potato Wedges</li> <li>★ Petite Baby Carrots - <b>S</b> <ul style="list-style-type: none"> <li>★ Fruit - <b>S</b> or Fruit Cup</li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul> </li> </ul>     |
| <p><b>4-16</b></p> <ul style="list-style-type: none"> <li>★★ Chile Cheese Tamale - <b>V</b></li> <li>★★ Toasted Cheese Sandwich - <b>V</b></li> <li>★★ Premium Granola and Yogurt - <b>V</b> <ul style="list-style-type: none"> <li>★ Sidewinder Fries</li> <li>★ Tangy Salsa Cup</li> <li>★ Fruit - <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul> </li> </ul>                      | <p><b>4-17</b></p> <ul style="list-style-type: none"> <li>★★ Smokin' BBQ Rib Sandwich</li> <li>★★ Deli Turkey &amp; Cheese Sandwich</li> <li>★★ Italian Chopped Salad           <ul style="list-style-type: none"> <li>★ Artisan Roll - <b>S</b></li> </ul> </li> <li>★ Fiesta Pinto Beans or Campfire Baked Beans</li> <li>★ Mini Potato Tots or Golden Hash Brown Patties           <ul style="list-style-type: none"> <li>★ Fruit - <b>S</b></li> <li>★ Frozen Juice Slush</li> <li>★ Got Milk</li> </ul> </li> </ul> | <p><b>4-18</b></p> <ul style="list-style-type: none"> <li>★ Oven Fried Chicken Drumstick</li> <li>★ Southern Buttermilk Biscuit - <b>S</b></li> <li>★★ Yellow Submarine Sandwich</li> <li>★★ Mexicali Salad - <b>V</b></li> <li>★ Crunchy Tortilla Chips - <b>S</b> <ul style="list-style-type: none"> <li>★ Fresh Garden Salad or Sweet Corn</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit - <b>S</b> or Fruit Cup</li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul> </li> </ul> | <p><b>4-19</b></p> <ul style="list-style-type: none"> <li>★★ Teriyaki Beef Dipper Rice Bowl</li> <li>★★ Pastrami &amp; Cheese Croissant</li> <li>★★ Chicken Caesar &amp; Cheesy Bread           <ul style="list-style-type: none"> <li>★ Broccoli Buds</li> </ul> </li> <li>★ Fresh Garden Salad or Sweet Corn           <ul style="list-style-type: none"> <li>★ Fruit Juice</li> <li>★ Fruit Cup</li> <li>★ Got Milk</li> </ul> </li> </ul>   | <p><b>4-20</b></p> <ul style="list-style-type: none"> <li>★★ Manager's Choice</li> <li>★★ Classic Tuna Sandwich</li> <li>★★ Shanghai Chinese Chicken Salad           <ul style="list-style-type: none"> <li>★ Artisan Roll - <b>S</b></li> </ul> </li> <li>★ Roasted Potato Wedges</li> <li>★ Petite Baby Carrots - <b>S</b> <ul style="list-style-type: none"> <li>★ Fruit - <b>S</b> ★ Fruit - <b>S</b> or Fruit Cup</li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul> </li> </ul> |



# April 2018 - Menu

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**FRIDAY**

## Grades 9-12 Lunch

*MENUS ARE SUBJECT TO CHANGE*

4-23

- ★★ Cheesy Mac - **V**
- ★★ Toasted Cheese Sandwich - **V**
- ★★ Premium Granola and Yogurt - **V**
  - ★ Sidewinder Fries
  - ★ Petite Baby Carrots
  - ★ Fruit - **S**
  - ★ Fruit Juice
  - ★ Got Milk

4-24

- ★★ Mama's Meatball Sub
- ★★ Turkey & Cheese Melt
- ★★ Italian Chopped Salad
  - ★ Artisan Roll - **S**
- ★ Fiesta Pinto Beans or Campfire Baked Beans
- ★ Mini Potato Tots or Golden Hash Brown Patties
  - ★ Fruit - **S**
  - ★ Frozen Juice Cup
  - ★ Got Milk

4-25

- ★ Zesty Beef Chalupa & Rice
- ★★ Yellow Submarine Sandwich
  - ★★ Mexicali Salad - **V**
- ★ Crunchy Tortilla Chips - **S**
  - ★ Fresh Garden Salad
  - ★ Tangy Salsa Cup
- ★ Fruit - **S** or Fruit Cup
  - ★ Fruit Juice
  - ★ Got Milk

4-26

- ★★ Salisbury Steak with Gravy
- ★ Southern Buttermilk Biscuit - **S**
- ★★ Pastrami & Cheese Croissant
- ★★ Chicken Caesar & Cheesy Bread
  - ★ Fluffy Mashed Potatoes
  - ★ Veggie Medley
    - ★ Fruit Cup
    - ★ Fruit Juice
    - ★ Got Milk

4-27

- ★★ Café LA Burger or Cheeseburger
- ★★ Classic Tuna Sandwich
- ★★ Shanghai Chinese Chicken Salad
  - ★ Artisan Roll - **S**
  - ★ Roasted Potato Wedges
  - ★ Petite Baby Carrots - **S**
  - ★ Fruit - **S** or Fruit Cup
    - ★ Fruit Juice
    - ★ Got Milk

4-30

- ★★ Bean & Cheese Pupusa - **V**
- ★★ Toasted Cheese Sandwich - **V**
- ★★ Premium Granola and Yogurt - **V**
  - ★ Sidewinder Fries
  - ★ Petite Baby Carrots
  - ★ Fruit - **S**
  - ★ Fruit Juice
  - ★ Got Milk

☞ All of the Grain/Bread items served are whole grain.  
 Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat  
 ★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit or vegetable  
**S**: Items with an (**S**) can be saved for later  
**V**: Vegetarian items  
 \*\*Farm Fresh Fruits: Apple, Orange, Banana

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